MyLife Opportunities Programme - 31 May to 16 July 2016

Europe theme

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10am to 12.30pm	Arts and crafts Gardening and growing Model railway Animal care Music/film making and community choir **Toddler time** For parents/carers and toddlers 10am to 12 noon, just £3 for members, £5 non-members (term time only)	Arts and crafts Gardening and growing Model railway Animal care Doggy day care Massage and reiki (must be pre-booked) **Kid Fit** For parents/carers and toddlers 10am to 12 noon, just £3 for members, £5 non-members (term time only)	Cooking and baking Gardening and growing Floristry/arts and crafts Model railway Woodwork Model building Animal care	Sensory reflection Orienteering/outdoor adventure Gardening and growing Drama club Model railway Animal care Doggy day care Massage and reiki (must be pre-booked)	Drama club Friday Singalong Site maintenance Gardening and growing Model railway Animal care Doggy day care Weekend makeover	**Animal magic** Learn everything there is to know about our chickens, goats, ducks and pigs. 10am to 12 noon, just £5 per person (My Life members), £6 (non-members). Open to all ages - children under 8 must be accompanied by an adult. **Pottery class** Learn how to model clay and produce your own ceramics. All ages welcome - 10am to 12 noon, just £3 per person. **Community choir** Let your hair down with a good old singalong from 12.30pm to 2pm (term time only). Just £5 per person. Open to all ages and abilities. **Kids' Drama Club** Drama and theatre fun for all abilities. 2pm to 4pm, just £5 per person (term time only).
1.30pm to 4pm	Arts and crafts Gardening and growing Model railway Animal care Comedy club	Arts and crafts Dance and exercise Gardening and growing Model railway Animal care Doggy day care Massage and reiki (must be pre-booked)	Cooking and baking Gardening and growing Floristry Model railway Woodwork Motorbike maintenance Animal care	Orienteering/outdoor adventure Gardening and growing Drama club Model railway Animal care Doggy day care Massage and reiki (must be pre-booked)	Drama club Friday Singalong Site maintenance Gardening and growing Model railway Animal care Doggy day care Weekend makeover	
Evening		**Duke of Edinburgh Awards Group** These sessions run from 7pm to 9pm. Work towards a Bronze, Silver and Gold Award, whatever your age. Just £5 per session.		**Adult Drama Group** Drama and theatre fun for all abilities. 7pm to 9pm, just £5 per person (term time only).		

Lunch is available (except weekends), or you can bring your own.

All sessions held at Thompson House Equestrian Centre, off Pepper Lane, Standish, Wigan, WN6 0PP.
To book, phone 01257 472900 or email info@my-life.org.uk

Please note: Sessions are subject to change at short notice. Closed Bank Holidays.